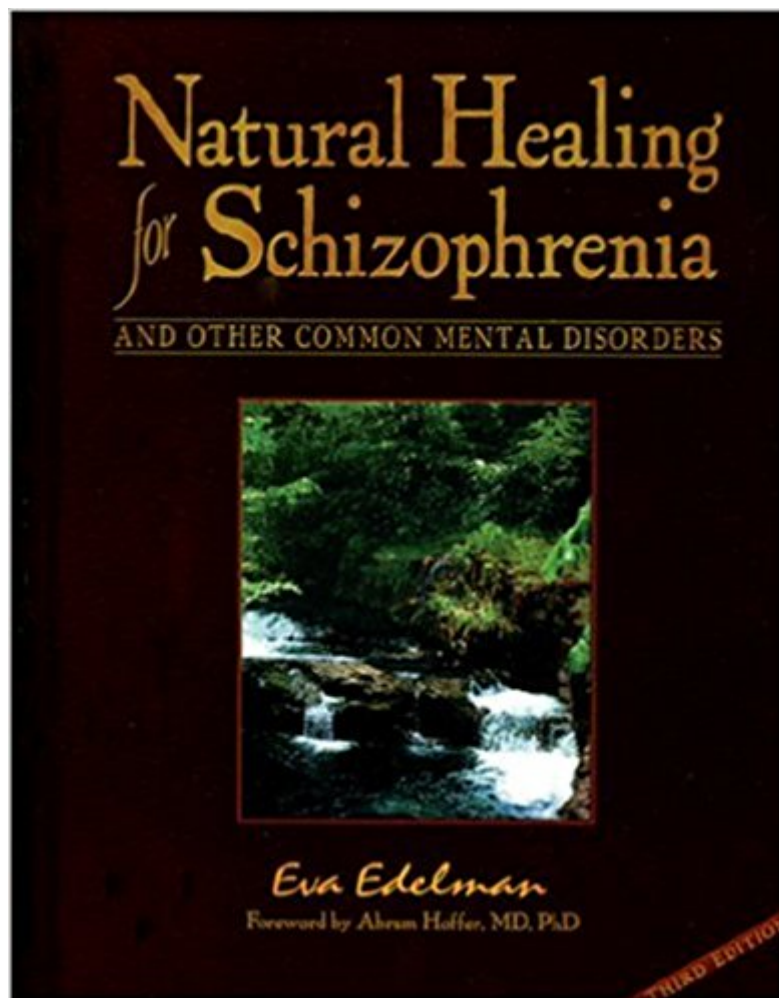




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# Natural Healing For Schizophrenia And Other Common Mental Disorders



## Synopsis

Natural Healing for Schizophrenia and Other Common Mental Disorders is a guide to natural approaches to mental and emotional health. It is organized in terms of schizophrenia but includes material on depression, bipolar, autism, and behavior disorders. The book brings together over a half century of medical and psychiatric research with a detailed exploration of nutrients, herbs and biotypes, and the role of allergies, toxins, hormones, physical condition, and brain biochemistry in mental health. Natural Healing for Schizophrenia and Other Common Mental Disorders serves to inform and support patients and families, as well as physicians and researchers. It is updated and revised every few years, as new medical knowledge becomes available. Includes a glossary, a comprehensive index, current resources, and extensive references.

## Book Information

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## Customer Reviews

"The most useful volume on nutritional methods for mental illness in 20 years... A valuable resource for researchers, clinicians and families alike." -- William J. Walsh, Ph.D.

Eva Edelman, is a nutritionist, herbalist and health educator, with twenty-five years experience in these fields. Edelman lectures and writes extensively on natural approaches to mental health, and appears on media nationwide. She has just completed a second volume, "Natural Healing for Bipolar Disorder."

I must say I saw a lot of people around me with symptoms described here as they are medicated

with pills from the FDA puppets called Doctors but there are doctors who know what is REALLY going on in this corrupt system built on an addicted to everything Freud, god I personally believe that if Milton Erickson was put in charge there would be no problems anymore, anyway another doctor but more advanced like for surgery which is a terrible thing to do to the body 'so definitely buy this too'Â Doctors Are More Harmful Than Germs: How Surgery Can Be Hazardous to Your Health - And What to Do About ItÂ I am waiting for it but you can easily find a long story of this brilliant mind in our sick world on youtube and search for the coast to coast interview with Harvey Bigelsen. After all all those herbal drugs even in The Netherlands smartshop are just vitamins and a lot of it is garbage like you should beware of vitb12 as they put cyanide in some. So go for the liquid extracts with guidance from this Natural healing book and I should have gotten the bipolar version, but you can only prepare for the worst and hope for the best. there's no place like home ~ straight from Mother Nature, that's right!

This is a wonderful book. It is a must read for everyone, even if you or your family and friends don't have schizophrenia. We are given a forward at the beginning of the book by the well recognized Psychiatrist, Dr Abram Hoffer. Phd. This is an extremely detailed and informative book. It contains priceless information on how to prevent various types of depression, Bi-Polar and schizophrenia. It has a little information on treating children and teenagers. There are various diseases which can lead to schizophrenia, which are explained in detail. This book contains detailed scientific information and research. Most of the suggested treatments seem excellent. The treatments are diet, vitamins, herbs, St Johns Wort. For some, medication, is necessary. A few of the treatments (some of the extreme fasts) look quite dangerous too me. I would not recommend fasting unless a person is under constant supervision. People can faint when they are fasting. The graphics, scientific diagrams and illustrations in this book are excellent. The text is in my opinion, a very readable size. This is a an essential book for every household.

A family member seemingly had schizophrenia. Eventually we figured out it was a bacterial infection in the brain caused by Lyme Disease; antibiotics, vitamins, and healthy eating brought this person back to "good-as-new." This was one of the few resources available that presented the many causes of mental disorders along with natural cures and treatments available. I highly recommend it.

I WISH this book were in the hands of not only all mental health professionals but also family doctors, couselfors , etc . .I am deeply distressed that my son has suffered for 3 years now and none

of the doctors or therapists along the way ever questioned his basic biochemistry. He has had the typical treatment of simply being put on medication which may cause him further problems the rest of his life. If any of the professionals he has seen to date had read this book and known about the many possibilities of causes and cures of schizophrenia, perhaps he and the family could have been spared the brunt of this devastating illness. We are now working with a ND and seeing some improvement. There are no simple answers or step by step instructions for curing any one individual, of course. But the information in this book opens the door to so many possibilities -- for the practitioner and lay person alike. This is the most comprehensive book I've read yet on the subject. In addition to a bounty of information, this book gives hope and encouragement that is so very much needed by sufferers and their families. Buy 2 copies and donate one to the health professional of your choice!

Clear, complete, understandable. Recommend it. My husband has been reading it and also found it very good and interesting. Thanks Dr. Abram Hoffer

My Bible.

I actually read an earlier version, and had this one sent to someone else. I found the earlier edition impressive.

Interesting read.

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